

Eat Well Do Good  
*Good food, good company and good deeds.*

**What is it?** Every month I welcome old friends, new friends and soon-to-be friends around my table for a special dinner. But it's more than a party; these dinners combine grassroots philanthropy with a fun and festive evening to raise money for the Alzheimer's Association.

**Who benefits? Everyone.**

**There's me.** I get to spend a great evening with wonderful people and see donations funneled to an organization I believe in.

**There's you.** You'll enjoy great company, great food and the happy knowledge that you are helping a worthy cause.

**There's the Alzheimer's Association.** They'll receive funding they urgently need for research and supporting families like mine. My grandfather had it. Now my mother, along with 5.3 million Americans, suffers from it.

**When is it happening?** The first or second Sunday of the month.

**How does it work?** It's easy to join the party. Just donate \$25 (per person) to the Alzheimer's Association and bring along a bottle of wine (also per person) on the night of the dinner. I donate the food and my time so **100% of your donation goes to the Alzheimer's Association. You even get the tax deduction!** It is my way of saying thank you for supporting a non-profit which is near and dear to my heart.

To reserve a spot(s) and join a dinner email me ([susanwnye@gmail.com](mailto:susanwnye@gmail.com)) or call me at 603.526.7319. I'll let you know if space is available. Reservations are first come/first serve. Next, make your donation. You can donate on-line (I'll send you a hot link to Team Libby) or by check (address below) – but please do it quickly – space is limited. You need to make a minimum donation of \$25 per person (feel free to donate more) to The Alzheimer's Association. To confirm your spot at the dinner you must send me proof of your donation. As soon as you confirm your donation, I'll confirm your seat at the party.

**What's for Dinner?** You can always count on a delightful bistro dinner, a little homey and a just a tad elegant.

**Dinner will be served around 7:00.** You are welcome to arrive anytime after 6:30. Bring your appetite, good cheer and bottle of wine (if it's white, please make sure it is chilled.)

I look forward to sharing my table with you. Thank you and,

Bon appétit,



*For regular updates visit my blog [www.susannye.wordpress.com](http://www.susannye.wordpress.com) and click on the Eat Well – Do Good Tab. If you would like to receive updates by email, contact me at [susanwnye@gmail.com](mailto:susanwnye@gmail.com) with the subject <<Subscribe Eat Well – Do Good>>.*

**Susan Nye, Writer, Cook and More**

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